

1610

AIMING HIGH

FITNESS SESSIONS

SATURDAY
1.30 - 2.45PM

A new session designed especially for juniors with additional needs aged from 12 – 18 years.

Workout in the fitness suite supervised by our qualified Wellness Coaches and assistants!

» **£50** FOR THE
10 WEEK COURSE

Give us a call now to find out more!



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16TH SEPTEMBER 2023

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