



APRIL - JULY
2022

KEY FINDINGS OF THE
VOICEX SURVEY FOR 9-25
YEAR OLDS IN DORSET



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FOREWARD

We work in partnership with over 250, 0-25 VCS services within Dorset and support over 60 Clubs and Groups. Gathering the voices of those we work with and allowing their voices to be heard is a challenge in Dorset. Many 0-25 organisations are asked to shape their provision using the voices of young people. In most cases they are acting on very few responses and shaping their service with a low response rate. This clearly is not good enough.

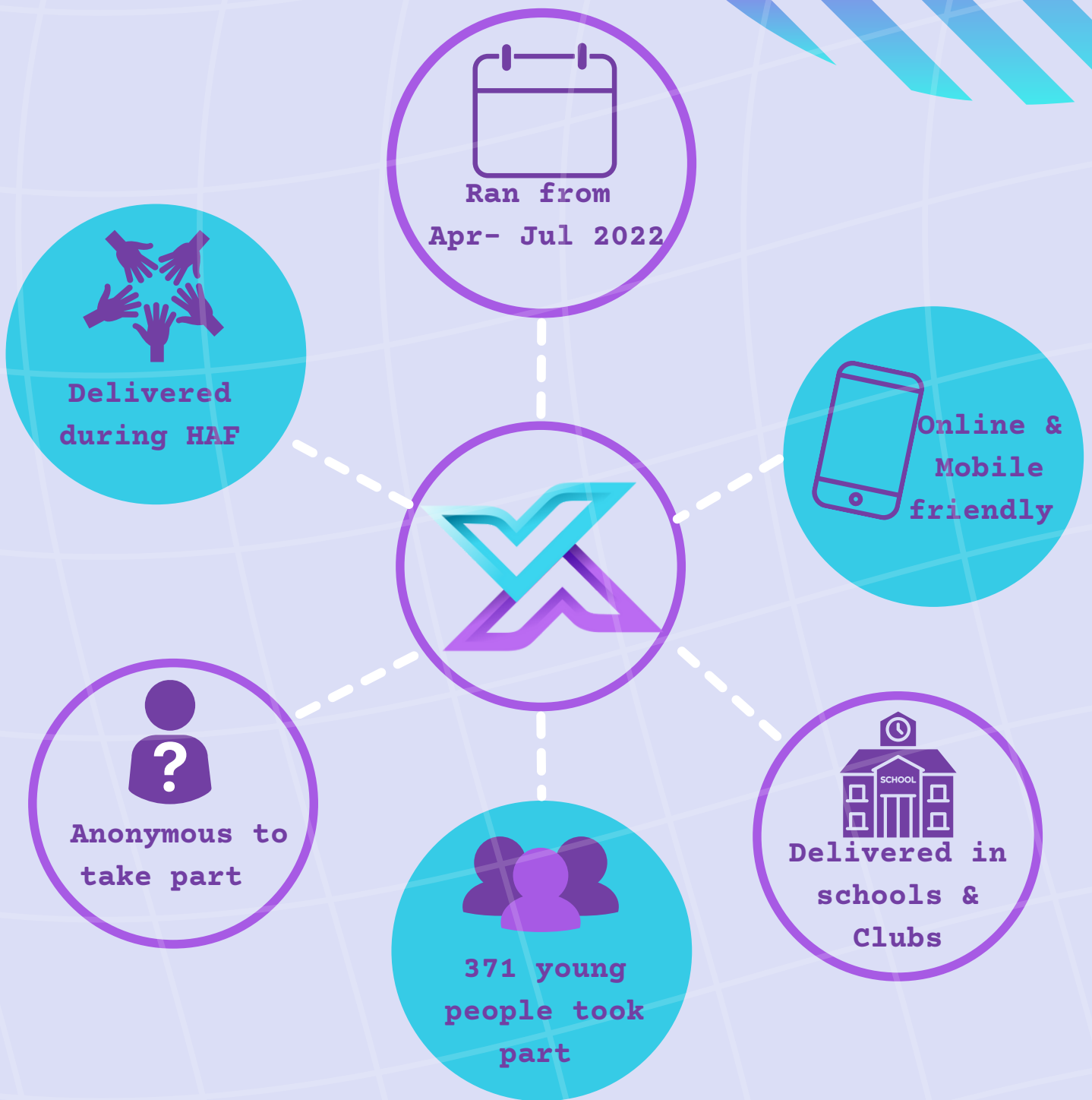
Dorset Youth's VoiceX aims to work in partnership with our 0-25 partner organisations within the Voluntary and Community Sector (VCS). We are actively engaged with many of our target audience already based within the local community, schools, organisations, clubs and groups. VoiceX is working with local organisations to gather the questions they want to ask, which will be categorised, simplified, actionable.

VoiceX is not just a survey capturing project, it is a personable service that interacts with all young people in Dorset so that their voices are heard, shared and then actioned on.

From April to July the VoiceX team have been carry out the survey at Youth Clubs, groups, schools and have attended HAF providers (Holiday activities & Food programme) during the Easter and summer Holidays.

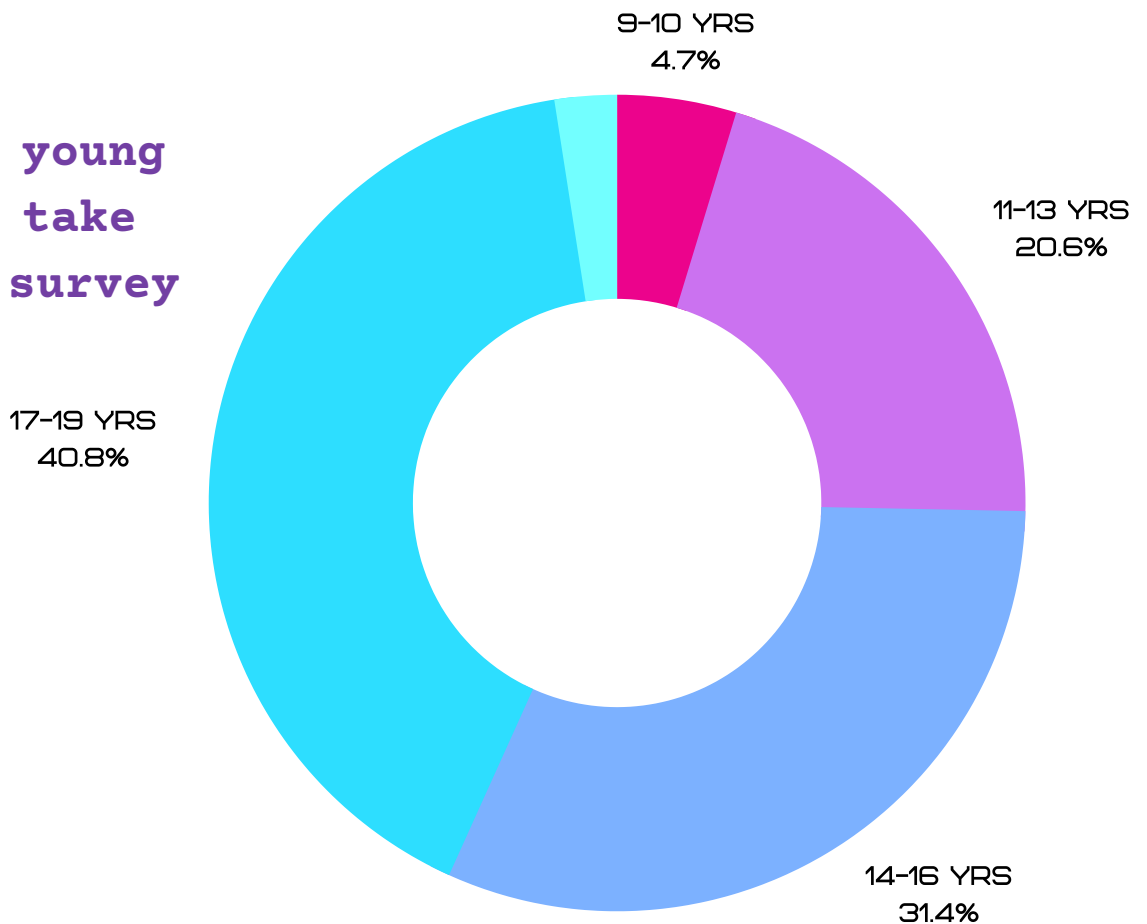


ABOUT THE VOICEX SURVEY

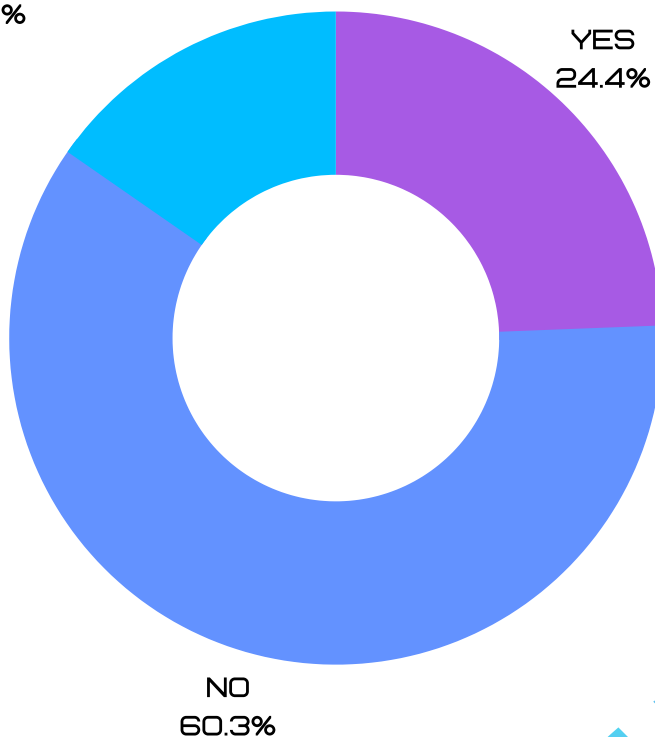


SNAP SHOT OF THE YOUNG PEOPLE WHO TOOK THE SURVEY

Ages of the young people who take part in the survey

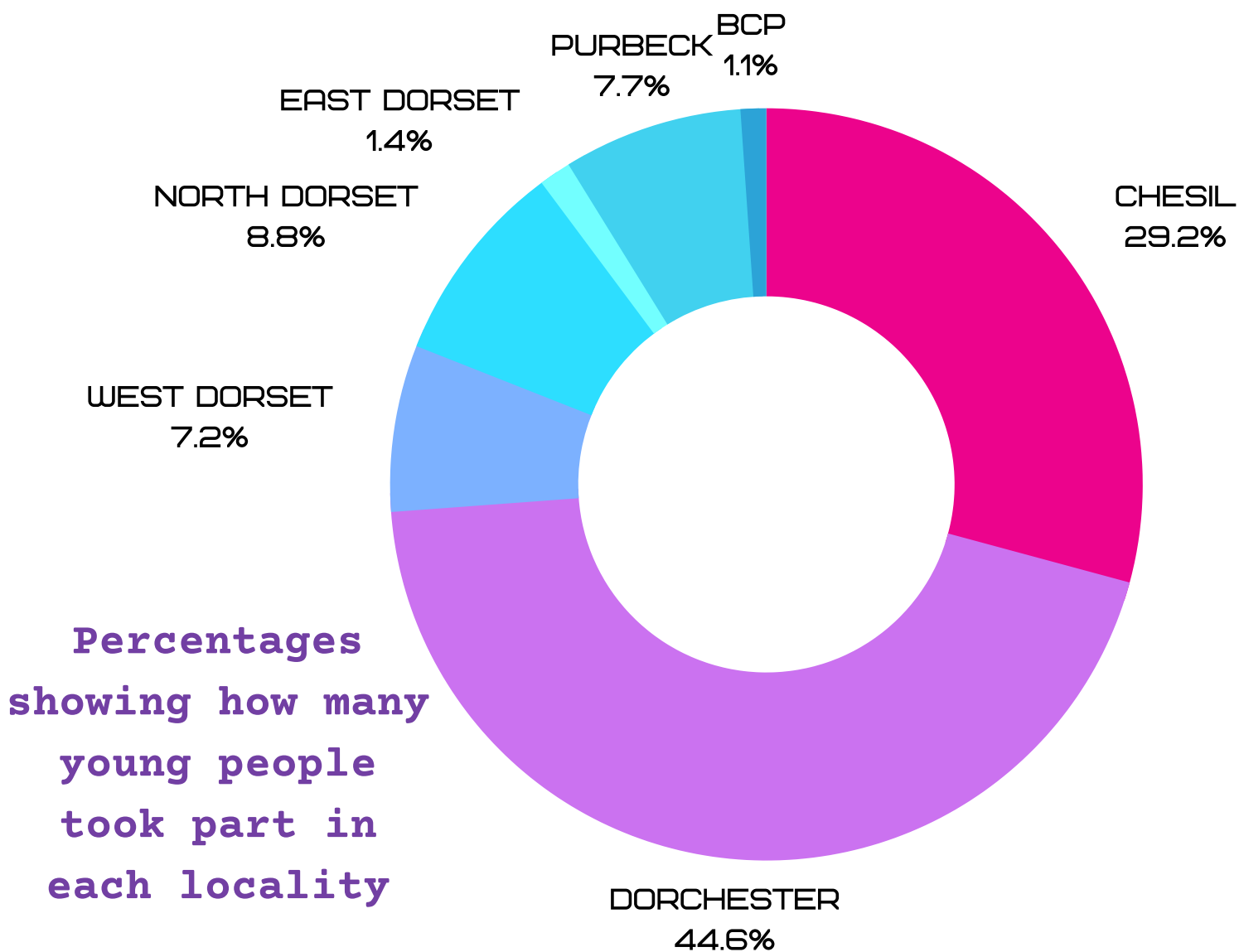


PREFER NOT TO SAY
15.3%



Percentages of young people who considered themselves to have a disability and/or a learning difficulty

SNAP SHOT OF THE YOUNG PEOPLE WHO TOOK THE SURVEY

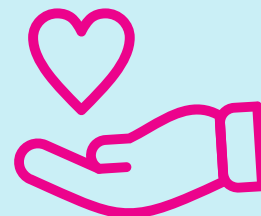


TYPES OF ACTIVITIES THAT YOUNG PEOPLE WOULD LIKE

We asked the young people about what activities they would like to see offered in their local area.

9-10 YEARS	SPORTS	ARTS/ CREATIVE	COOKING/ LIFE SKILLS
11-13 YEARS	SPORTS	COOKING/ LIFE SKILLS	ARTS/ CREATIVE
14-16 YEARS	ARTS/ CREATIVE	FITNESS	SPORTS
17-19 YEARS	COOKING/ LIFE SKILLS	FITNESS	SPORTS
20-25 YEARS	COOKING/ LIFE SKILLS	SPORTS	MUSIC

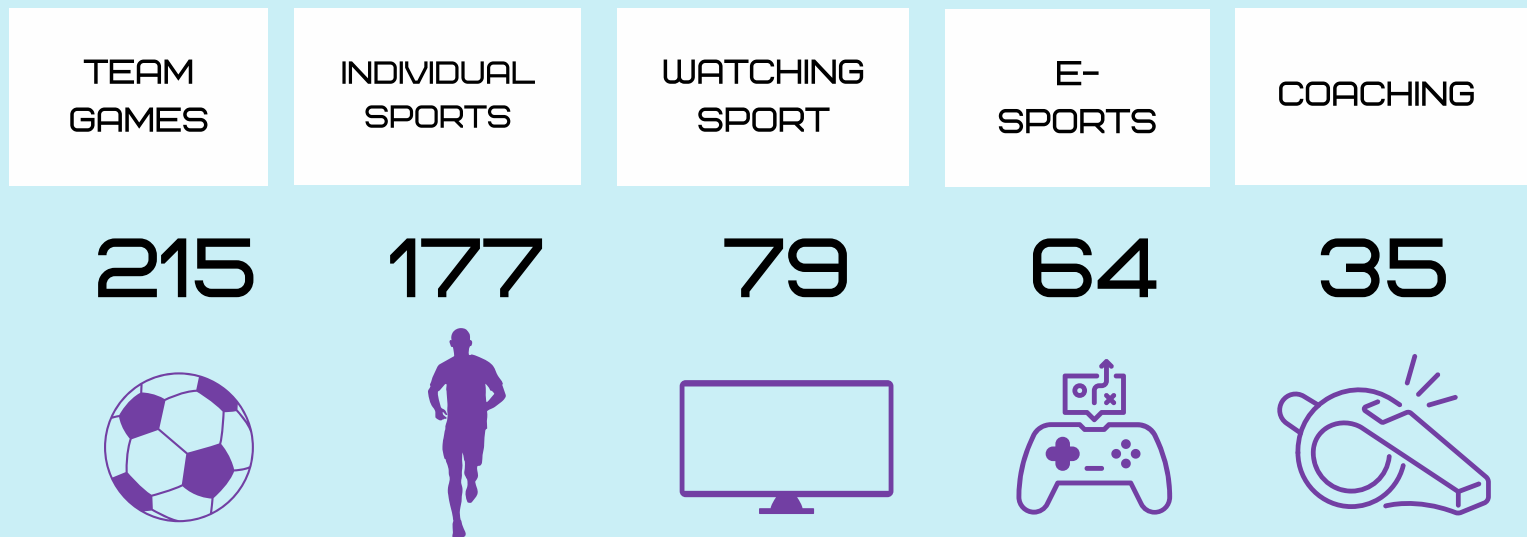
Other high responses included Youth clubs, Music & Drama groups and Social Action/Volunteering



TYPES OF ACTIVITIES: SPORT & PHYSICAL ACTIVITY

Sports came up in the top 3 choices for all age groups when asking about what activities young people wanted.

Below shows what types of sports activities young people are interested in and how many responses.



68

responses said that they had no interest in sports

There were also several other sport interests listed such:

Water Sports

Dance

Karate

Boxing

Airsoft

TYPES OF ACTIVITIES: MUSIC & ARTS

WE ASKED THE YOUNG PEOPLE ABOUT WHAT MUSIC ACTIVITIES THEY WOULD LIKE TO SEE OFFERED IN THEIR LOCAL AREA.

9-10 YEARS	SONG WRITING	BANDS	MUSIC TECH
11- 13 YEARS	SONG WRITING	MUSIC TECH	RECORDING STUDIO
14-16 YEARS	VOCAL/ INSTRUMENT LESSONS	RECORDING STUDIO	URBAN MUSIC
17-19 YEARS	SONG WRITING/ BANDS	VOCAL/ INSTRUMENT LESSONS	MUSIC INDUSTRY EXP.
20-25 YEARS	MUSIC TECH	VOCAL/ INSTRUMENT LESSONS	URBAN MUSIC

174

Responses said they did not want to be involved with any music activities

ACCESSING SERVICES

We asked young people if they knew where to go and access services if they felt like they were struggling

ADVICE SERVICES

190 young people said they knew where to access advice services. **83** said they didn't know and **98** were unsure.

PHYSICAL HEALTH

243 young people said they knew where to go to access physical health advice. **66** said they didn't and **62** said they were unsure.

MENTAL HEALTH

221 young people said they knew where to go to access mental health advice. **79** said they didn't and **71** said they were unsure.

ADVICE HELPLINES

247 young people said they knew advice helplines. **59** said they didn't and **65** said unsure.



BARRIERS TO TAKING PART IN CLUBS & ACTIVITIES

These are the top 3 barriers that prevent young people from using clubs, groups and support

People I know don't take part



Transport



Money



Other high scores included:

- Availability
- Not knowing about them

WHAT'S IMPORTANT TO YOUNG PEOPLE

The top 3 topics that are important to young people were:

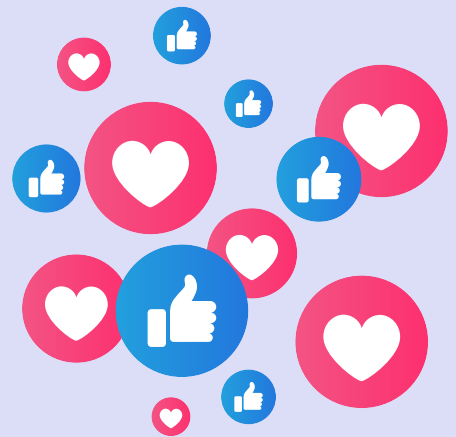
1. MENTAL HEALTH

191 RESPONSES



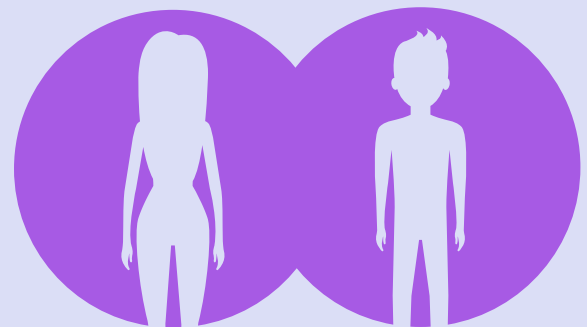
2. SOCIAL MEDIA

117 RESPONSES



3. BODY IMAGE

103 RESPONSES

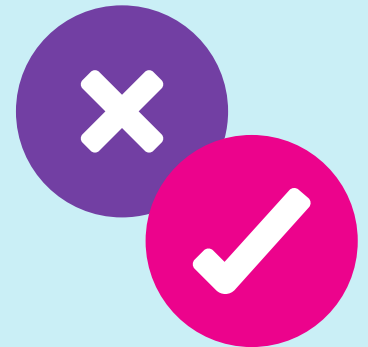


IMPACT OF COVID-19 ON YOUNG PEOPLE

We asked young people how have the effects of the pandemic and COVID-19 affected them as young people

MENTAL HEALTH	147
LONELINESS	147
HIGHER SOCIAL MEDIA USAGE	143
WORRIED ABOUT FUTURE CONFIDENCE	143
REDUCED CONFIDENCE	125
LACK OF SAFE SPACES	59

NEGATIVE IMPACTS



SPENDING MORE TIME WITH FAMILY	120
SPENDING MORE TIME OUTDOORS	106
LEARNING NEW HOBBIES	94
FREEDOM TO EXPLORE INDENTITY	69

POSITIVE IMPACTS



HOW ARE DORSET'S YOUNG PEOPLE FEELING

We wanted to capture how the young people are feeling currently in Dorset. The results below are responses from young people saying they always feel this way

186
feel
tired

62 feel
lonely

124 feel
stressed

91 feel
bored

We also found out that

73 always feel
happy

268 sometimes
feel happy

55 always feel
confident

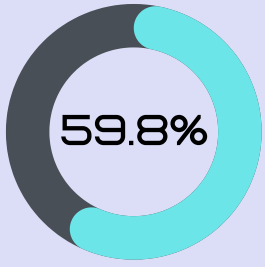
227 sometimes
feel confident



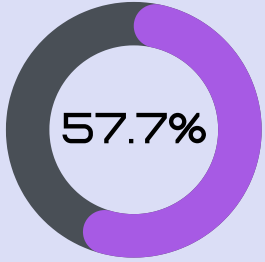
HOW ARE DORSET'S YOUNG PEOPLE FEELING



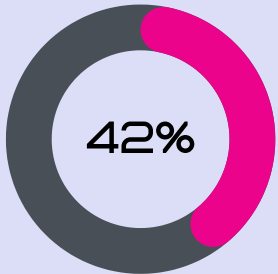
We also asked the young people how they felt in their local community



Agreed that they take an active role in their community

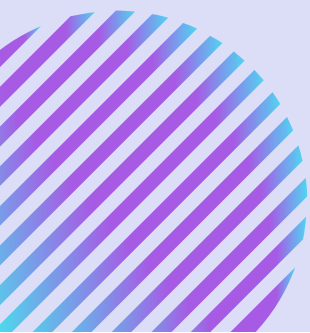
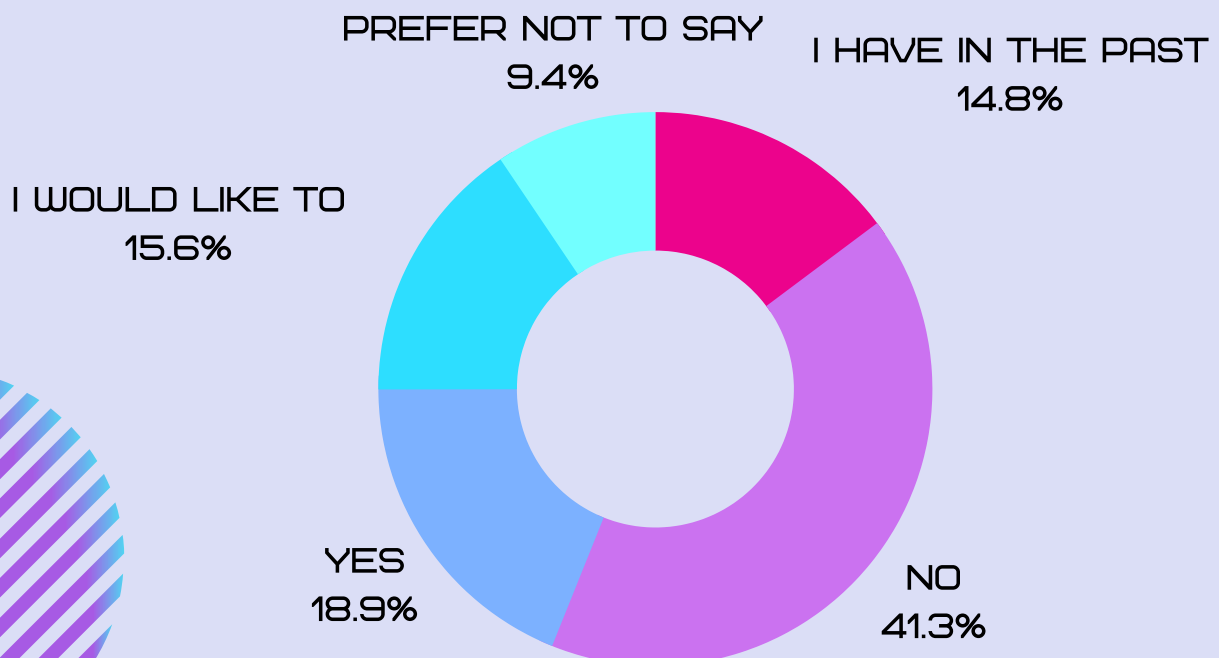


Agreed that they feel like they belong in their community



Feel they are not taken seriously

DO YOUNG PEOPLE VOLUNTEER?



WHAT YOUNG PEOPLE SAY ABOUT DORSET

We asked the young people to describe Dorset in 3 words. Below is a cluster of words from all the responses. The bigger and bolder the word means that this response came up more often than others.



WHAT'S NEXT FOR voiceX

April 2022

VoiceX survey was first rolled out during the Easter holidays

12th May

VoiceX attended a Equality & Diversity Fair at Weymouth College

June-Aug 2022

Voice X survey rolled out during the summer holidays

July- Oct 2022

Collating data and results. Young people presenting the findings

Nov 2022

Showcase of results we have found so far

2023!

VoiceX survey to reopen

HOW TO GET INVOLVED

The VoiceX project is continuing throughout 2023!
we would like to capture more young peoples voices in
order to help improve the activities and services that
are on offer in Dorset.

If you are a school or providing an activity or
service for young people and want to get involved
get in contact with us



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